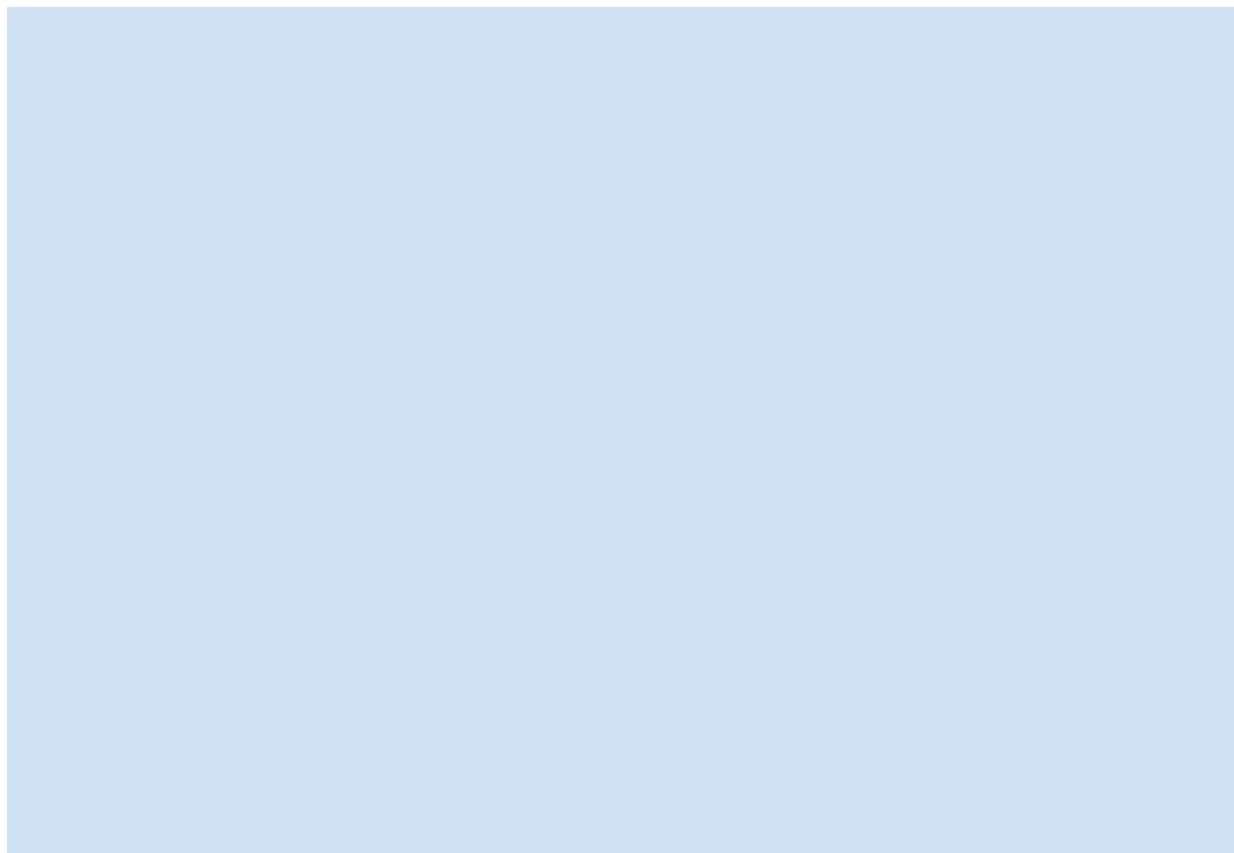# CVUSD's Sexual Health Curriculum
2023-24

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The curriculum addresses the following 12 topics.

1	Setting the Right Environment	Establishing shared agreements for learning about sexual health
2	Healthy Relationships	Understanding how to have safe, respectful, and responsible relationships now and in the future
3	Consent and Boundaries	Understanding how consent and boundaries are important part of healthy relationships
4	Changing Bodies and Relationships	Knowing the physical, emotional, and social changes during adolescence/puberty
5	The Parts of the Human Reproductive System	Understanding the anatomy of the human reproductive system
6	How the Reproductive System Works	Understanding how all the parts of the system work together
7	Decision-Making, Choices, and Body Image	Understanding how to be positive and informed about ourselves and others
8	Pregnancy	Understanding the role of pregnancy in human reproduction
9	Preventing an Unplanned Pregnancy	Understanding how to prevent an unplanned pregnancy and to make healthy choices
10	Sexually Transmitted Infections (STIs)	Understanding sexually transmitted infections and how they are spread
11	Preventing STIs	Understanding how to make healthy choices to prevent STIs
12	Goal Setting	Making plans for now and for your future

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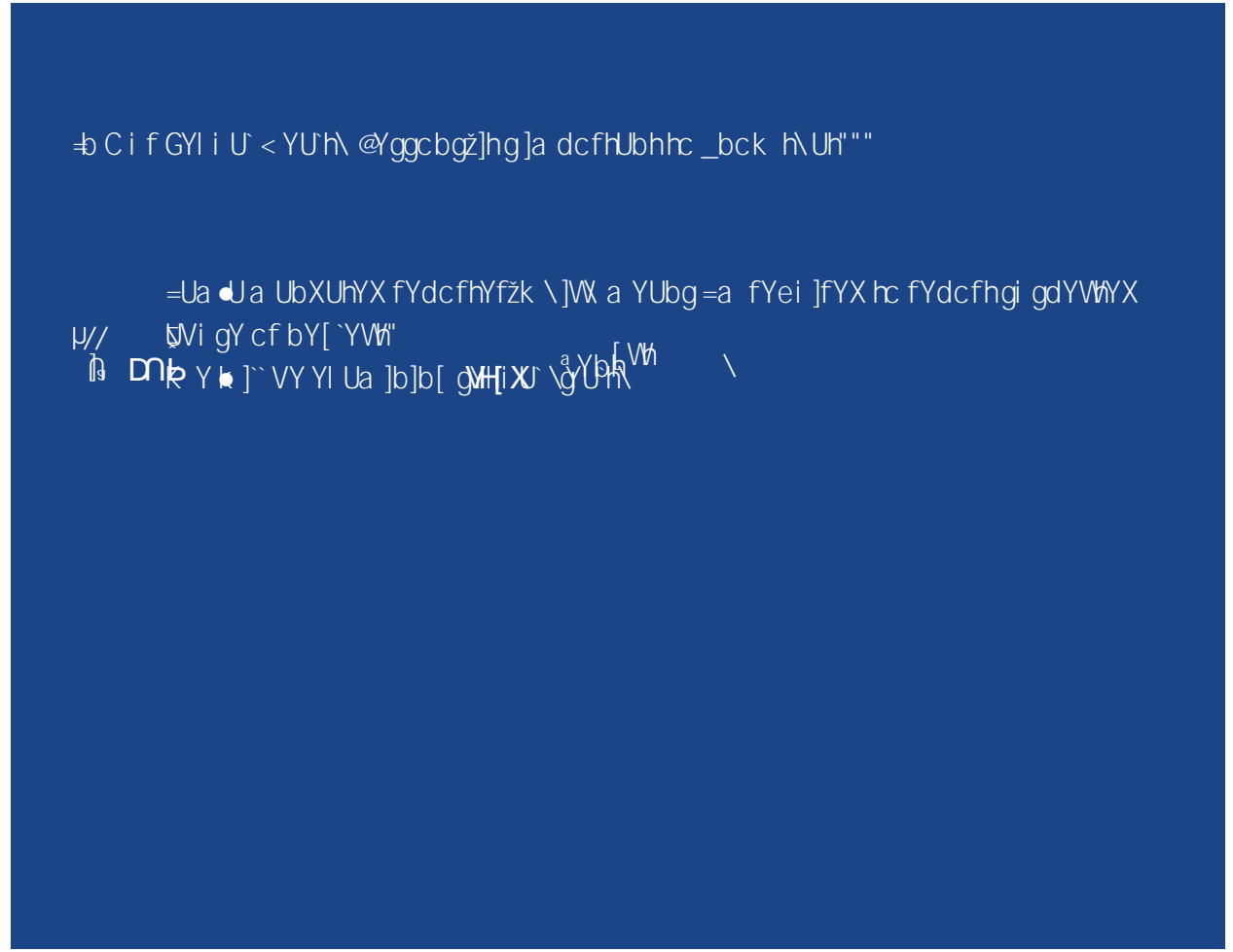
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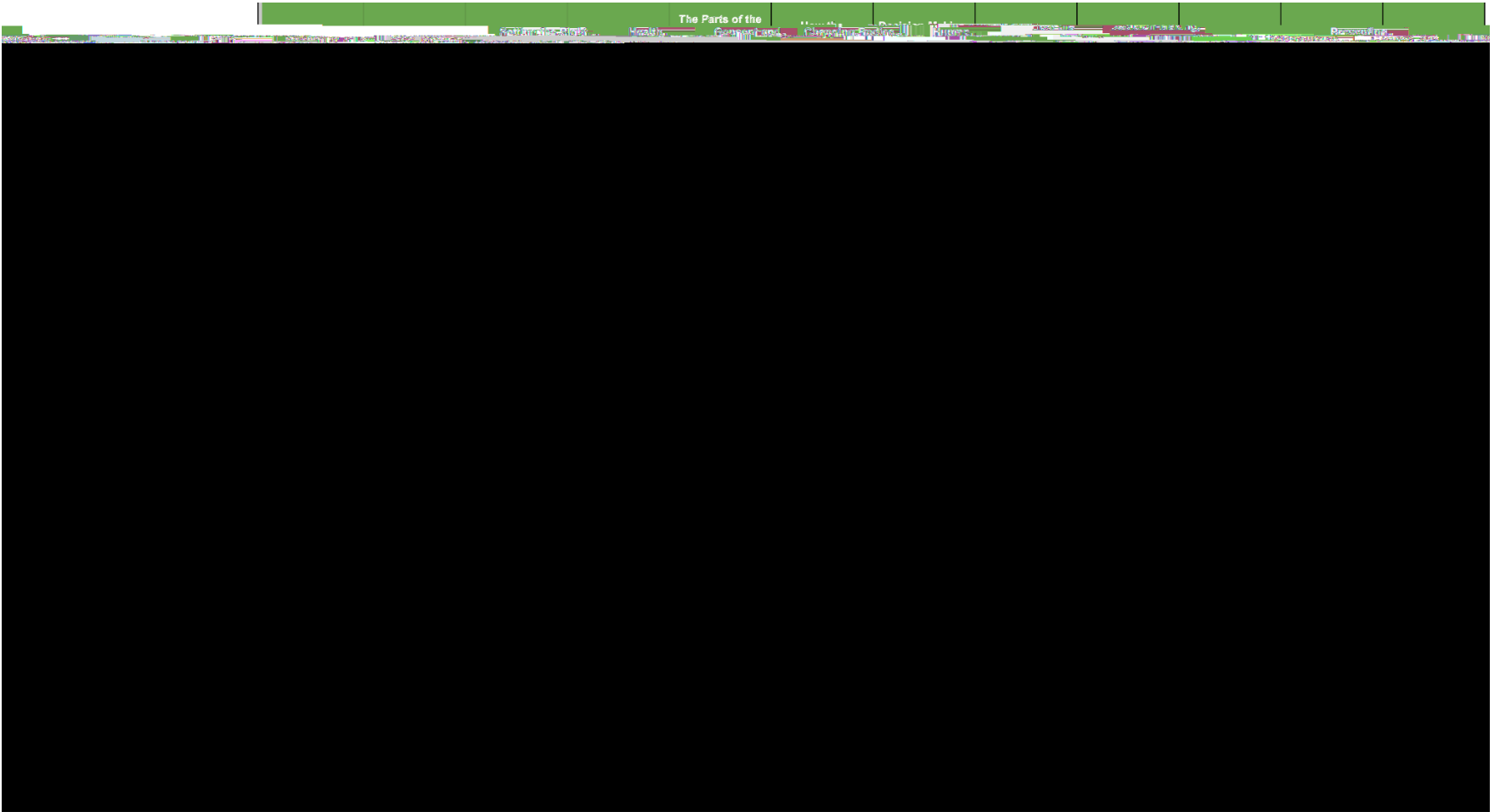bUhi fYh\UhUfYci hg]XY cZh\YW/ff]W/`i a gWcdYhc h\Y]fdUfYbh#[i UfX]Ub cf hfi ghYX UXi `h'

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Standard 2: Anatomy and functions

Standard 3: Accessing Valid Information
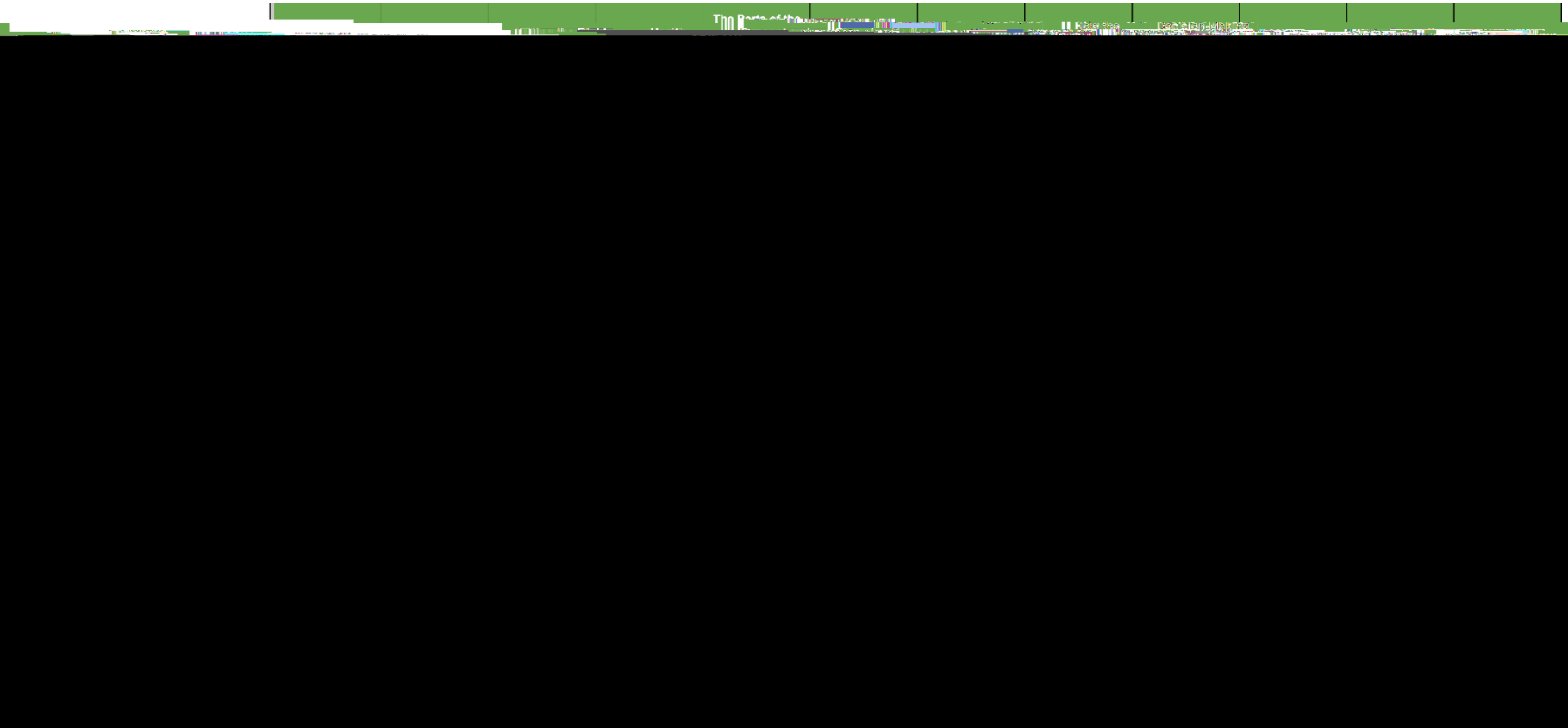
Standard 4: Interpersonal Communication

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1. Setting the Right Environment	**2. Healthy Relationships**	**3. Consent and Boundaries**
Slides Student Teacher Guide	Slides Student Teacher Guide	Slides Student Teacher Guide
4. Changing Bodies and Relationships	**5. The Parts of the Human Reproductive System**	**6. How the Reproductive System Works**
Slides Student Teacher Guide	Slides Student Teacher Guide	Slides Student Teacher Guide
7. Decision-Making, Choices, and Body Image	**8. Pregnancy**	**9. Preventing an Unplanned Pregnancy**
Slides Student Teacher Guide	Slides Student Teacher Guide	Slides Student Teacher Guide
10. Sexually Transmitted Infections (STIs)	**11. Preventing STIs**	**12. Pregnancñ**

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